Boston Nov. 1. 1820

I scarcely know where to direct this letter my dear Virginia so uncertain am I as to the movements of my family. I should feel uneasy at not hearing from you did I not know that in the hurry of a removal there is little time for writing. Mama I hope is in Washington. the 16 of October, here was a very bright and beautiful day, and I thought of you quitting the home of your fathers when, perhaps, the weather, so sweetly sad of the Indian summer, was in unison with your feelings. but it is best for you that you are removed from these scenes. they can never be again what they have been, & their neighbourhood only served to nourish the poison of sentiment which is preying upon you all. once away from a spot whose recollection & association bound you in their powerful spells and the active duties of life will turn the tide of your thoughts, and new hopes new prospects will open before you, not of romantic happiness, the time is past for such dreams, but of the contentment which result from well regulated minds willing and able to enjoy and to endure. it is a fact, however that the most disinterested and self-sacrificing people are sometimes the least able to deny themselves the dangerous gratification of musing & melancholy recollection. they have relinquished so much, they think, done so much, and suffered so much, that it is hard they should be refused the luxury of regret. but the cup which they cannot dash from their lips is drugged, although the best feelings of our nature our best affections are mingled in the draught, it is only the more dangerous, as it is the more alluring, for being so compounded. drink deeply and often if you would become useless, exasperated, repining, unfit for the situation in which you are placed & incapable of it's duties. — and after all whilst we look back with so much tenderness upon the past, it would be well to ask ourselves whether at any period of our lives we really enjoyed the advantages we now so deeply regret. at what moment have we ever been satisfied

Original manuscript from the University of Virginia

with the state of things then existing. the present is never what we like, and the lamented past is but a whole, composed of parts, each one of which has in turn displeased us. at no time do we enjoy, except by an effort of reason, the good in possession, and we regret in our by gone lives what we should know from experience was incapable of making us happier than we are now. —

I think if you fortify yourselves against regret, which you may do in a great degree, against dispersion which you may and must avoid altogether, against the habit of exaggerated feeling and expression, and of self reproach for unavoidable errors & ignorances, whilst you studiously cultivate the arts of content & economy, you may (not being discouraged by frequent failures at first in the exercise of them,) you may, in exile & mediocrity, be really happier than you ever were before. I say nothing of religion, but you know my opinions on that subject too well to require any repetition of them, and I would avoid the very shadow of cant.

What a prosaic wise common-place letter I have been writing to you, dear Virginie, telling you what you know, & every body knows so well, but there is a great distinction, not sufficiently attended to, between this sort of knowledge in theory and in practice; a little of the last has fallen to my share, and I would willingly promote the same in you.

I have taken advantage of a rainy sunday to write to you with a pen (I wish it was a tooth pick) bad enough to discourage any one less determined than myself. to morrow I am hard at work again preparing for a removal from the house we occupy. we have outgrown it as literally as your little Martha once outgrew a frock, and the deranged state of business &, of course, of rents, enables us for rather less than we pay now to go into a house which one commanded $1000. a year. Mama will recollect it, as occupied by John Rogers & his beautiful wife. it is a charming spot, arranged with every attention to comfort and elegance. gives

Original manuscript from the University of Virginia

us two parlours, or what you would call a parlour & dining room (with a grand china closet) a handsome library, 2d chamber, separate & most complete dressing rooms, nursery up two pair of stairs, a sweet bright room for Mama when she comes to see us next summer, with such a store of closets, shelves, drawers, pegs &c as would almost enable us to live in it without furniture. the yard, though small, allows the children room to turn, & the view from all the windows is fine. next sunday I hope to go to church from my new home. I quit this with but little regret, for local attachments are seldom contracted after the early years of life. Tell Mama that Mrs Eliot, the mother, is dead, to the great sorrow of her friends, and of the poor to whom she was a kind and efficient friend. I believe I mentioned the birth of Mrs Dickson's son & Mrs Greenwood's daughter in my last letter. Mrs Coles, of whom I spoke at the same time, was to have her married last week, and her wardrobe was talked of for its great extent and elegance, when behold her father went to sleep a few nights ago & forgot to wake again. no body cares, except perhaps, his children. he was a miserly old man & has left I believe, a great deal of money. Mrs C— resumes her mourning attire, will be married quite privately & spend the winter in Washington where I hope you will know her. Mrs Edward Everett does not go on this year. — Mary says something in her last letter about the difficulty of dressing genteelly upon such small funds as are at your disposal. this is a difficulty which throws a great shadow before it, but is, in fact, quite small. you will waste your little means at first, but will soon acquire experience, & learn to make a better figure upon fifty dollars a year, than now you could with a hundred. have but few clothes, keep them in constant repair, insist upon their being well washed & ironed, & learn to take care of them. avoid the trouble of a great many half worn, old fashioned duds, which will keep you always contriving and always shabby, remember that in dress, as in every thing else, there is a beauty of proper, and that no one would expect or admire any thing more than neatness & simplicity in the daughters of a decayed family.

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Farewell my dearest sister, if my anxiety to be of service to you has led me into something of dogmatism in my advice ascribe it to its true cause. I have seen more years, and more of the world than you have and felt as if I had a sort of maternal right to offer you the benefit of my experience. a great deal of love to all, & kisses for your dear little ones. my own darlings are well. remember not to let mama expose herself. Mrs Elliot's death was entirely in consequence of cold caught in her garden. once more adieu. Ever L.

Mrs Nicholas P. Trist
to the care of N. P. Trist Esq.
Washington
D. C.

Joseph offers his affectionate regards to all of you, and most particularly to Mama. he desires me to say that there is a chamber in our new house called by her name & ready for her reception. he means as soon as the hurtle of our removal is over, to write to her, partly on business, touching the pictures Books &c in his hands [redacted] he has lost a great deal of money lately, and we shall be under the necessity of economising quite as closely as you can do. give my love to Nicholas, and make my peace, if you can, with the Vails.

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